

# How To™: Get Help

## Find a Local Early Intervention Group

### **What is Early Intervention?**

Early Intervention is a common term to describe children under three who may need some support in achieving their developmental milestones. Early Intervention focuses on supporting the family and child, so that the family is taking the lead to make changes in how their child develops.

### **What is ChildFind?**

ChildFind is a term used by many counties to describe the agency that receives the communication about the family requesting support.

### **What is the cost?**

These publicly funded programs provide services for free or at reduced cost, depending on your area, for any child who is eligible.

### **What providers are available to me?**

This depends on how resource rich your area is, but typically, many areas have Speech-Language Pathologists (some may work with Dysphagia/feeding too), Physical Therapists, Occupational Therapists (some may work with Sensory Integration and/or feeding too), Registered Dietitians, Special Instruction Teachers

### **Where do I have to go to receive support and services?**

Support Services are offered to you in your home in person or via telehealth appointments

### **Do I need a doctor's referral?**

No, a doctor's referral is not necessary.

### **Can my child receive both Early Intervention and Outpatient/Clinic based services?**

Yes. Depending on your county/state, however, sometimes the same discipline needs to be scheduled to be seen on different days, as they may bill the same codes and insurance can deny the charges.

### **How do I find my local Early Intervention Team?**

<https://www.cdc.gov/ncbddd/actearly/parents/state-text.html>

### **What do I say when I call?**

If you'd like support around what to say, you may consider saying this: "I have concerns about my child's development and I would like to have my child evaluated to find out if he/she is eligible for early intervention services."